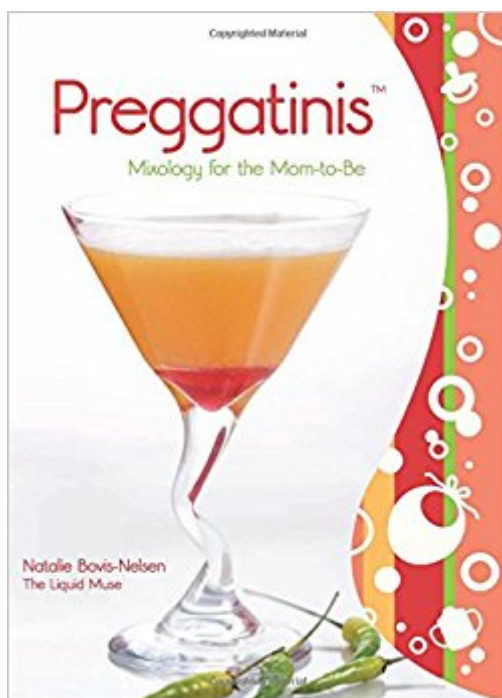


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# Preggatinis™: Mixology For The Mom-To-Be



## Synopsis

Things move quickly in the cocktail fast lane •but slow to a crawl when pregnancy kicks in. Right? Wrong! Even when sporting a baby bump, modern moms can stay in the social swing of things with Preggatinis, featuring lip-smacking, liquorless libations designed by master mixologist Natalie Bovis-Nelsen, aka "The Liquid Muse." Within these pages are 75 original Preggatini recipes highlighting fresh juices, herbs, and garnishes as well as ideas for Preggatini Parties •a modern spin on the humdrum baby shower. Organized by pregnancy stages and symptoms, this lavishly illustrated, pocket-sized, virtually intoxicating guide also offers quotes from famous moms and sidebars about pregnancy and health and such options as "De-virginize for Dad" •making these drinks applicable to all. Includes a recipe exclusively provided by Celebrity Chef Michel Richard, recipient of the 2007 Outstanding Chef James Beard award, author of Happy in the Kitchen, and owner of the legendary Citronelle restaurant in Washington, DC.

## Book Information

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## Customer Reviews

Things move quickly in the cocktail fast lane •but grind to a halt when pregnancy kicks in. Right? Wrong! Even when sporting a baby bump, modern moms can stay in the social swing of things with Preggatinism, a one-of-a-kind collection of lip-smacking, liquorless libations designed by master mixologist Natalie Bovis-Nelsen, aka "The Liquid Muse." The recipes highlight fresh juices, herbs, and garnishes as well as ideas for Preggatini Parties •a modern spin on the humdrum baby shower. Organized by pregnancy stages and symptoms, this illustrated, pocket-sized, virtually intoxicating guide also includes "De-virginize for Dad" options, and even

a few alcoholic concoctions with which to toast the grand arrival of your bundle of joy.

Natalie Bovis-Nelsen is the spokesperson for Fre alcohol-removed wine and designs customized cocktails for various liquor companies and restaurants. She is also the creator and editor of TheLiquidMuse.com, which brings together her two key passionsâ€”the spirits she discovers while scouring the world for exciting cocktail trends, and the spirited written word. She lives in Los Angeles.

It offered a lot of delicious "mocktails"

The recipes in here are good (from what I've been told). I bought this for my sister when she was expecting. However, the author of this book writes it from a perspective of a best friend. Therefore, if you're a brother buying this for your sister, I would think again unless you too discuss every aspect of your sex lives.

So much fun! For non drinkers, prego or not. Nothing like having a nice drink in your hand, alcoholic or not, to make you feel special. The fun part about this book is that it takes you through stages of being prego. Unless you have a very well stocked dry bar, you do have to plan out your drinks ahead of time. Preggatinis are yummy, pretty and fun!

My preform sis loved it

My sister loved this has a fun gift! The recipes inside have items you wouldn't normally have on hand in your kitchen, but I created a gift basket for my sister with a specific recipe in mind and all the ingredients she needed for it, and she loved it!

I love this book. I used to drink wine when I watched the bachelor or when hanging out with my sister. Now that I am pregnant though that is on hold but I still wanted to drink something fancy so this book was perfect! It is also nice bc it shows you how to add alcohol for dad or for after so I would make one with and one without when I was with my husband

Great book and Natalie knows her drinks. When I was undergoing chemotherapy for breast cancer I referred to this book since cancer patients have similar food and drink issues, such as sensitive

stomachs, nausea and compromised palates. The drinks are easy.

The recipes are good and incredibly appealing, however unless you have a very trendy grocery/liquor store near by, you're going to have a lot of trouble getting the ingredients. Don't even think about trying to make this stuff with what you already have in stock. I have a very good stock of both liquors, bitters, and such, and fruits and vegetables and never have enough stuff on hand for a drink w/o going out to buy something.

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